



HEALTH & FITNESS QUESTIONNAIRE

Macleay Valley Travel strives to make our tours enjoyable experiences for all passengers, however some countries and tour services lack the standards that you can typically expect in Australia. To help ensure your personal safety and enjoyment on tour, please answer the following questions.

The information you provide will be treated confidentially and will be used to check that the transportation, accommodation and facilities on tour are suitable for you:

1. Do you have any allergies? Yes No If yes, provide details and severity:

2. Can you walk 500 metres to 1km in distance comfortably and unaided? Yes No

3. Can you negotiate uneven, undulating and sometimes challenging terrain? Yes No
If no, please provide details:

4. Do you use a mobility aid? Yes No If yes, provide details:

5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes No If yes, please provide their name:

6. Are you taking any medical equipment to assist you? Yes No If yes, provide details:

7. Do you suffer from any condition which may cause you to experience memory loss or become disorientated?
Yes No If yes, please provide details:

8. Are you asthmatic or do you have any breathing difficulties? Yes No
If yes, provide details and severity:

9. Do you require supplementary oxygen? Yes No
10. Are you currently taking medication? Yes No
If yes, are you able to administer it yourself? Yes No

11. If you have any other medical information that is not covered in the previous questions, please provide a description here:

DISCLAIMER

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that these needs can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information that I have provided. I also understand that this information may be passed onto those responsible for arranging the land, air & sea arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. I understand that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

I hereby accept the above disclaimer:

Name: _____

Signature: _____ Date: _____