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Vietnam & Cambodia Adventure Tour

24 Day Conducted Tour

for **\$5,195** per person twin share
This price includes airport taxes and levies

This wonderful tour goes off the usual tourist track and is great value as it includes:

- Airfares from Sydney, Melbourne and Brisbane into Hanoi and out of Siem Reap with Singapore Airlines, and two domestic flights within Asia.
- A 19 day Vietnam tour by coach and air visiting the Sapa hill tribe area, the former demilitarized zone, the Central Highlands and the Mekong Delta.
- A 4 day tour of Cambodia visiting Phnom Penh and the wonderful world heritage Angkor Wat complex.
- Good 3 to 4 star accommodation, or the best available in isolated areas.
- All transport including the boat on the Mekong River between Chau Doc in Vietnam and Phnom Penh.
- Entrance fees to many attractions.
- Full breakfast daily plus most other meals.
- Prepaid gratuities for the guides, drivers and bus boy.
- Vietnamese and Cambodian tour guides, and if there are 12 or more tour participants there will be an Australian tour escort.



If you do not have a travel partner and you would like to travel at twin share rates, we will try and assign you with another person, but this is not guaranteed. For a single room there is an extra charge of \$1190.

Tour departs Brisbane 27th August
Tour departs Sydney &
Melbourne 28th August
and returns 20th September 2024

We try harder to find you the best travel deal

Itinerary for Vietnam & Cambodia Adventure Tour

Included meals are indicated as B = Breakfast, L = Lunch, D = Dinner

27.08.24 Brisbane – Singapore

Depart Brisbane at 11.50pm on SQ 246, arriving in Singapore at 5.45am the next morning (28.08.24).

28.08.24 Melbourne & Sydney - Singapore – Hanoi, Vietnam

Brisbane passengers depart Singapore at 9.15am on SQ 192, arriving in Hanoi at 11.25am.

Melbourne passengers depart Melbourne at 7.15am on SQ 248, arriving in Singapore at 1.05pm.

Sydney passengers depart Sydney at 7.55am on SQ 212, arriving in Singapore at 2.15pm.

Sydney and Melbourne passengers then depart Singapore at 3.05pm on SQ 194, arriving in Hanoi at 5.35pm.

All passengers will be met and transferred to their hotel for a two night stay.

Accommodation: Muong Thanh Hanoi Centre Hotel

29.08.24 Hanoi

(B/L/D)

This morning we have an outside visit Ho Chi Minh's Mausoleum & Residence.

Followed by a visit to the Ethnology Museum. Lunch is at KOTO, whose owner employs and trains disadvantaged Vietnamese in the hospitality industry. After lunch we visit the Temple of Literature, which is considered Vietnam's first university.

This evening enjoy a water puppet show, which is the unique art of the Vietnamese since the 11th century. Dinner is at a local restaurant.

Accommodation: Muong Thanh Hanoi Centre Hotel

30.08.24 Hanoi – Lao Cai - Sapa

(B/L/D)

We leave Hanoi in the morning for a five hour drive to Sapa. On the way we stop over at Lao Cai for lunch at a local restaurant, and to see the border crossing between Vietnam and China. We arrive in Sapa in the mid afternoon and check into our hotel for a two night stay. Dinner this evening is at a local restaurant.

Accommodation: Amazing Hotel

31.08.24 Sapa

(B/L)

Sapa is a hill station built in 1922. The whole area is spectacular, as Sapa lies in a valley surrounded by paddy fields in a variety of shades of green and is overlooked by Vietnam's highest mountain, Mount Fansipan. We will see the local minority groups, the H'mong and the Dzao people, the largest and the most colourful ethnic groups in the region. After breakfast we have a short visit to an interesting local market. We then have a 4km drive to the rim of a deep valley. Along the road we'll see H'Mong, Dzay and Dzao minority people dressed in their traditional costumes. There is a two hour walk around Ta Van and Lao Chai, home to all three minorities. Observe their daily lives for a rare glimpse into their culture and costumes. Lunch is at a local restaurant with the remainder of the day at leisure.

Accommodation: Amazing Hotel

01.09.24 Sapa – Halong Bay

(B/L/D)

This morning we leave Sapa on an eight hour drive to Halong Bay, with lunch along the way. We arrive in Halong Bay in the late afternoon.

Dinner this evening is at the hotel.

Accommodation: Saigon Halong Hotel (ocean view)

02.09.24 Halong Bay - Hanoi

(B/L/D)

In the morning we board the Bai Tho Junk for a 6 hour cruise on magnificent Halong Bay with its 1969 islands rising from the clear emerald waters of the Gulf of Tonkin, one of the natural marvels of Vietnam. This province shares a common border with China in the north and has the most stunning scenery in Vietnam. Bizarre rock sculptures jut dramatically from the sea and numerous grottoes have created an enchanted timeless world. The sails of junks and sampans add further to the beauty of the scene. Halong Bay was made famous to westerners in the French film 'Indochine'. We will have the opportunity to stop at one of the many grottoes and swim on a beach before returning to port. We have a seafood lunch onboard.

After disembarking we head to Hanoi, arriving late in the afternoon.

Dinner this evening is at a local restaurant.

Accommodation: Tirant Hotel

03.09.24 Hanoi

(B/D)

This morning we have a one hour cyclo / Pedicab ride around the Old and the French Quarter of Hanoi. We then have some free time to explore the city on your own.

Dinner this evening is at a local restaurant.

Accommodation: Tirant Hotel

04.09.24 Hanoi - Dong Hoi - Phong Nha - Hue

(B/L/D)

This morning we are transferred to the airport for our flight to Dong Hoi, or Hue, depending on the flight schedule. Upon arrival in Dong Hoi, we drive up north to Phong Nha and take a boat trip from a critical point of the Ho Chi Minh trail to go inside and visit Phong Nha Cave, known as the longest and most beautiful karst cave in the world. Afterwards we depart Dong Hoi for Hue. On the way we cross the Ben Hai River, known as the De-militarised Zone. We arrive in Hue in the evening.

Lunch and dinner today are included.

Accommodation: Imperial Hotel

05.09.24 Hue

(B/L/D)

This morning we visit the Citadel of Hue, built from 1804 – 1833. We have a Pedicab ride around the city. Following this we visit Thien Mu Pagoda and have a boat trip on the Perfume River. Lunch is at a local restaurant.

The remainder of the day is at leisure. Dinner this evening is at a local restaurant.

Accommodation: Imperial Hotel

06.09.24 Hue – Danang - Hoi An

(B/L)

Depart Hue for the ancient town of Hoi An, the major trading port of Vietnam from the 16th to the late 18th century. We travel across the Hai Van Pass (Pass of the Ocean Clouds), travelling through many pretty red-tiled villages with fruit orchards and spectacular scenery of sky and sea. We have a stop at China Beach in Danang, where the Americans come for R & R (Rest & Relaxation) during the Vietnam War.

We arrive in Hoi An in the early afternoon and enjoy and included lunch at 'Ly' Café. We have a guided walking tour of the town. Hoi An's community of foreign merchants resulted in a unique architectural style with Vietnamese, Chinese, Japanese and French influences. Hoi An is known as the 'Tailor Capital' of Vietnam. Accommodation: Hoi An Historic Hotel

07.09.24 Hoi An

(B/D) We have a leisurely day today to experience Hoi An, which is a great place for wandering around and shopping, especially tailoring, shoe-making and handbags. It is also a good place to relax and is only 4kms to the beach. In the late afternoon there is a one hour boat trip on the Hoi An River before a cooking demonstration and dinner at a local restaurant 'Market Place'. Accommodation: Hoi An Historic Hotel

08.09.24 Hoi An – Danang - Nha Trang

(B/L/D) Today we have a morning transfer to Danang airport for our flight to Nha Trang. Lunch will be at the airport. Upon arrival in Nha Trang, we have a 40 minute scenic drive to the hotel, followed by some free time to explore the city, which is the most popular beach resort city in Vietnam. Dinner this evening is at the excellent Sailing Club restaurant. Accommodation: Sunrise Hotel

09.09.24 Nha Trang – Dalat

(B/L/D) We have a morning boat trip to an offshore fishing village, followed by an opportunity for some swimming and snorkelling off Tam Island, in the South China Sea. Lunch will be at a local restaurant. Afterwards we depart for Dalat, a cool mountain resort built by the French in the 1920's as a hill station. Its lakes, waterfalls, evergreen forest and gardens make Dalat one of the most enjoyable places in Vietnam. Dinner this evening is at a local restaurant in town. We have a two night stay in Dalat. Accommodation: Saigon Dalat Hotel

10.09.24 Dalat

(B/L/D) In the morning enjoy a 15 minute cable car ride overlooking the city of Dalat, pine forests, as well as vegetable and flower gardens. Next we have a short visit to a Zen Monastery. We then have the opportunity to try a dry luge slide on a visit to Datnla Waterfall. This is followed by a train ride through vegetable gardens to Trai Mat. Visit Long Phuoc Pagoda, a famous beer bottle and ceramic pagoda in town. We enjoy an included lunch. In the late afternoon we drive to Lat village to see the K'hor ethnic minority, who were the original people of the area. We will attend a performance of ethnic dances, songs and gong music. Dinner is at a local restaurant. Accommodation: Saigon Dalat Hotel

11.09.24 Dalat - Saigon

(B/L) Depart Dalat for Ho Chi Minh City (Saigon), a beautiful drive through rubber, coffee and tea plantations. On the way we pass the La Nga floating village. Upon arrival in Saigon we have a late lunch at 'Pho 2000' where Bill Clinton and his daughter went for lunch during their visit to Vietnam in the year 2000. After lunch there is a short walk around downtown Saigon passing the Town Hall, Opera House, Notre Dame Cathedral and the Central Post Office. We have a two night stay in Saigon. Accommodation: Huong Sen Hotel

12.09.24 Saigon**(B/D)**

In the morning we visit the former Presidential Palace, now called Reunification Palace. The rest of the day is at leisure. Saigon is a good place for shopping. There are many little shops selling shirts, T-shirts, imitation watches and lacquer wares. The hotel is well located in the business centre of Saigon and just a 10 minute walk from the central market. This evening we have a dinner cruise on the Saigon River. Accommodation: Huong Sen Hotel

13.09.24 Saigon - My Tho - Can Tho**(B/L/D)**

Depart Saigon for My Tho which is a two hour drive from Ho Chi Minh City. My Tho is a prosperous town of 250,000 inhabitants in the Mekong Delta. It is famous for its extensive orchards and immense rice fields. Enjoy boat rides on the Mekong River and visit an orchard on an island, a coconut candy workshop and a working bee hive, with lunch included at a farmer's house.

We continue on our journey and cross an amazing bridge over the Mekong River. This bridge was built with help from the Australian Government in 2000. We pass Vinh Long and then on to Can Tho. Dinner this evening is at a local restaurant. Accommodation: Muong Thanh Luxury Hotel

14.09.24 Can Tho - Cai Rang - Can Tho**(B/D)**

Today there is a boat trip on the Mekong River to visit Cai Rang floating market, the largest in the area. The rest of the day is free to explore Can Tho, the capital of the Mekong Delta in Vietnam. Dinner tonight is at a local restaurant. Accommodation: Muong Thanh Luxury Hotel

15.09.24 Can Tho - Long Xuyen - Chau Doc**(B/L/D)**

Depart Can Tho for Chau Doc. Arrive Chau Doc in the early afternoon and have a picnic lunch. In the afternoon there is a boat trip to visit a floating fish farm and a man made canal built in the 19th century as the border between Vietnam and Cambodia. Afterwards there is free time to enjoy the facilities of the hotel. From the hotel balcony you can witness the very busy shipping activity of this amazing port on the Mekong River. Tonight there is a "Farewell to Vietnam" dinner, at the hotel. Accommodation: Victoria Chau Doc

16.09.24 Chau Doc - Phnom Penh**(B/L/D)**

Depart Chau Doc for Phnom Penh, a 4 hour boat trip on the Mekong River with the Victoria speedboat, crossing the water border. We arrive in Phnom Penh approximately 1.00pm. Upon arrival in Phnom Penh we are met by our Cambodian tour guide and transferred a short distance for lunch at a local restaurant near the port.

Phnom Penh was known as the 'Pearl of Asia' and like much of Cambodia was a vibrant and culturally developed city until the 1960's. Suffering at the hands of the Khmer Rouge, the city was once evacuated by Pol Pot's army and became a ghost town. Today's Cambodia is a country on the move, but still many years behind the development of neighbouring Vietnam and Thailand, though ever-changing. This afternoon we take a traditional method of Phnom Penh transport, the cyclo, to visit some of the sights. The cyclo is used by people to drop their children at school or do their market shopping. It is also a fun way to get around short distances and see the city from a different angle. We visit the Royal Palace which was built by King Norodom in 1866 on the site of the old town. The Palace is made up of a number of

structures within a pagoda-style compound, one of which is the Silver Pagoda. The Silver Pagoda takes its name from the 5,000+ silver tiles and the building itself holds a number of national treasures, perhaps most notably a life-sized gold Maitreya Buddha decorated with 9,584 diamonds. There is also a small 17th century Emerald Buddha made from baccarat crystal. Please note that there is a dress code for the Royal Palace. Shoulders should be covered and shorts should go down as far as the knee. Please limit any jewellery for today's activities and do not openly carry any valuables on the cyclo ride. This evening we enjoy an included dinner.

Accommodation: Poulo Wai Hotel & Apartment

17.09.24 Phnom Penh - Siem Reap

(B/L/D)

This morning we depart for Siem Reap by coach. Travel time is around 6 hours, not including stops. After a couple of hours we reach the town of Skuon, where it is possible to see the local speciality of deep fried tarantula being sold at the local market. Cambodians are fond of this tasty snack and sometimes stop to buy a few when passing. International tourists are usually content to take photos, rather than to sample this unusual delicacy. We continue to the small and interesting Santuk Silk Farm, which was founded by a Vietnam War veteran. It is here that we will enjoy a tasty Khmer lunch. A short guided tour of the silk farm will provide insight into all stages of production, from the silk worm to the end product. Afterwards we continue to the Spean Praptos Bridge which dates from the Khmer Empire. Apparently the Khmer Rouge tried to blow up this bridge on more than one occasion, but were repelled by the sheer strength of the structure. We arrive in Siem Reap in the afternoon and visit the Apopo Visitor Centre. Landmines left over from three decades of war are still a problem for farmers and the local people in the Cambodian countryside. Whilst the use of humans with metal detectors and mine detecting dogs have made a major impact, there is still plenty left to do. Following the success of using large 'hero rats' in Angola and Mozambique they have also been used in Cambodia since 2015. Not weighing enough to trigger a landmine when walked across, the rats are smart enough to smell the explosive and give a warning note to the handler. The mines can then be isolated and removed. At the Apopo Visitor Centre, we take a tour to learn about their work with a short demonstration by a mine detecting 'hero rat'. Following this we check into the hotel to freshen up before dinner. This evening we enjoy a dinner whilst watching a show of Apsara dancing, first performed in the court of kings at Angkor. A set menu of Khmer cuisine will be served as we enjoy the show.

Accommodation: Tara Angkor Hotel

18.09.24 Siem Reap

(B/L/D)

This morning we take a remork (similar to the Thai tuk tuk) to visit Angkor Wat, the most famous of all the temples on the plain of Angkor and the largest religious building in the world. Angkor Wat is a temple complex built for King Suryavarman II in the early 12th century as his state temple and capital city. Angkor Wat is the most significant and best preserved temple complex in the area. It is the only one to have remained a significant religious centre since its foundation, first Hindu and then Buddhist. The temple complex covers 81 hectares and is comparable in size to the Imperial Palace in Beijing. A magnificent moat surrounds the temple on all sides with a long causeway providing access. An alternative eastern entrance is the best way to start a morning tour and avoid the crowds. Take your time to look at some of the 3000 Apsara (heavenly maiden) carvings. Following this we head to the ancient city of Angkor Thom, which is surrounded by walls with a height of 8 metres and length of 12 kilometres. This city was the last capital of the Khmer Empire. Five huge gates with huge stone faces provide access. Angkor Thom holds many

important monuments, including the Bayon Temple, which we will visit. We take a break for lunch at a restaurant located at Sra Srang, the former Royal Bathing Pool. Following lunch we visit Ta Prohm, a unique temple that has been left to nature with trees and vines growing amongst the structures. This is one of the most photogenic temples in the Angkor area and gained fame as the 'Tomb Raider' temple, after featuring in the Angelina Jolie movie. Enjoy walking along the sandy paths and under huge Banyan trees as we explore this 12th century temple. We return to the hotel with a short break to freshen up. Then we enjoy a farewell dinner at one of the very best restaurants in Siem Reap, serving traditional Khmer food. The menu will take us on an exploration of many recipes almost lost from the Kingdom.
Accommodation: Tara Angkor Hotel

19.09.24 Siem Reap – Singapore - Australia

(B)

This morning we are transferred to the airport for our flights home. All passengers depart Siem Reap 10.40am on flight SQ 163, arriving in Singapore at 2.15pm. Sydney passengers depart Singapore at 8.20pm on SQ 221, arriving in Sydney at 5.55am the next morning (20.09.24).

Melbourne passengers depart Singapore at 8.35pm on SQ 247, arriving in Melbourne at 6.00am the next morning (20.09.24).

Brisbane passengers depart Singapore at 9.30pm on SQ 235, arriving in Brisbane at 6.55am the next morning (20.09.24).

20.09.24 Arrive Australia



Tour Difficulty Ratings & Advice

To ensure that you select the right tour for you, Macleay Valley Travel has provided a clear set of tour difficulty and fitness recommendations for our tours. The ratings, from 1, being the easiest, to 5 the most strenuous, will give you a good idea of what is reasonably required for you to be able to participate on each tour. Most tours require a moderate to good level of fitness, however there are others that are quite challenging. For your enjoyment of the tour, and also the enjoyment of your fellow travellers, please consider whether or not the suggested difficulty level for the tour you are interested in is compatible with your health and fitness.

1	2	3	4	5
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Tour Difficulty Level 3

This tour rating typically involves a good level of physical activity, such as ascending stairs, getting into a bathtub shower, being responsible for your own luggage at airports and hotels, boarding trains quickly, walking distances of up to 500 metres at a time over possible uneven ground and/or cobblestone streets. Please note there are some occasions on this tour where you may be required to walk in excess of the above amount, however you are free not to participate on these activities if you prefer. Walking tours of considerable distances should be expected on tours with this rating as well as early departures.

Conditions for Macleay Valley Travels Vietnam & Cambodia Adventure Tour

Deposits and Payments - A non-refundable deposit of \$200 per person is payable within 7 days of booking. This deposit is not refundable or transferrable should you later cancel. The balance is payable in full 8 weeks prior to departure. Macleay Valley Travel has to adhere to strict payment deadlines and your booking on the tour may be cancelled if final payment is not received by the due date, with no refund applicable.

Refunds and Cancellations - Cancellations after final payment will result in a refund limited to whatever we can recoup from the airline. Any refund for a cancelled booking will not be paid until the airline(s) provide the refund to Macleay Valley Travel.

Insurance - Adequate travel insurance that includes medical coverage for Covid-19 is required. Please contact your preferred travel insurance provider. The responsibility to obtain adequate travel insurance rests with the passenger. Proof of your travel insurance is required to be presented to us on or before the final payment date of the tour.

Airline Tickets - Please note that any changes made to airline tickets once they have been issued will likely incur high cancellation and/or reissue fees. These fees are typically set by the airline and are outside of our control.

Passports - All travellers require a current passport with at least 6 months left on it at the end of the tour. Non-Australian passport holders require a re-entry visa for Australia. Visas are required for all passport holders to Vietnam. For Vietnam, an Evisa can be obtained online at <https://evisa.xuatnhapcanh.gov.vn/trang-chu-ttdt> The current cost is USD \$25 per person. For Cambodia, a visa can be arranged on arrival at the border in Cambodia. The current cost for the Cambodian visa on arrival is USD \$36 per visa. Please note: All visa fees are subject to any increases imposed by the Vietnamese and Cambodian governments. We do not recommend that you apply for a Vietnamese visa on arrival, as this can result in delays at the airport when you arrive. There are also certain risks associated with this process which we hold no responsibility for. Please note that if you intend to get a visa on arrival, you do so at your own risk. The tour group will not wait for any time spent obtaining visas at the airport and you may need to arrange a separate transfer at your own expense.

Basic Tour Price and Taxes - Air taxes and fuel levies are included in the basic tour price if the tour is paid in full on or before the due date on the final invoice. Macleay Valley Travel reserves the right to charge for any increase in air taxes and fuel levies if the tour is not paid in full by the due date.

Not Included in the Cost - Travel insurance, visas and all items of a personal nature such as telephone calls, drinks, excess baggage, tips, meals (except those specified in the itinerary), etc. are not included in the cost. Similarly, credit card payments (Visa/MasterCard) can only be accepted if 1.2% is added to the price to help defray the merchant fees charged to us by the credit card companies. There is a 2% surcharge for American Express.

Breakaway - All fully inclusive prices are based on group travel and any deviation from the set itinerary can be permitted under certain circumstances. Please contact our office to discuss your specific request and pricing.

Accreditation - Macleay Valley Travel is a fully accredited travel agency under the AFTA (Australian Federation of Travel Agents) ATAS - AFTA Travel Accreditation Scheme. As such, you are assured of a consumer focused and quality assured business, ensuring professional conduct and ethical business practices.

Limitation of Liability concerning Covid-19 - It is possible that there may be outbreak(s) of Covid-19 during this tour. Whilst we take necessary safety precautions, Macleay Valley Travel cannot be held responsible for any quarantines or other associated costs brought about by quarantines, border closures and/or travel delays. You are aware that Covid-19 is a highly contagious and potentially dangerous disease that may result in significant personal illness and even death. You acknowledge that you are voluntarily participating in the tour with knowledge of the inherent risks of Covid-19, and you agree to assume all risks.

Health and Fitness - Macleay Valley Travel recommends that the passenger is reasonably healthy and/or fit to participate in this tour. Persons with a disability requiring special assistance must be accompanied by a companion. Macleay Valley Travel and their representatives cannot provide this service. The Health & Fitness Questionnaire located on the last page of this itinerary needs to be completed in full by each passenger and accompany your booking form. Macleay Valley Travel reserves the right to accept/decline or terminate a passenger's participation in the tour under certain circumstances. It is strongly recommended that you are fully vaccinated against Covid-19, but this is not mandatory. Passengers must comply with any specific Covid-19 requirements that may be imposed by airlines and/or authorities of the destinations visited.

Disclosure of fees or commissions received from third parties - Macleay Valley Travel Pty Ltd may receive fees, commissions, gifts or financial incentives from third parties under this contract.

Airline Seating - All seating requests will be passed onto the airline, however please note that Macleay Valley Travel has no direct control over group seating and requests are not guaranteed.

Limitation of Liability - As Macleay Valley Travel acts only as agent for the Airlines, Hotels, Coach Companies etc., providing accommodation, transportation and other services, Macleay Valley Travel shall not be liable or responsible for death or injury to any person or loss or damage to any property including baggage arising out of or connection with any transportation, accommodation or other services, or resulting directly or indirectly from acts of God, fire, breakdown in machinery or equipment, acts of Government or other authorities, de jure or defacto wars, whether declared or not, hostilities, civil disturbances, strikes, riots, thefts, epidemics, pandemics, endemics, quarantines, medical or customs regulations, delays or cancellations caused by changes in schedules or itinerary, or over bookings or defaults or for any causes beyond Macleay Valley Travel's control or any loss or damage resulting from improper or insufficient passports, visas or other documents and neither Macleay Valley Travel, and its servants or employees shall be or become liable or responsible for any additional expenses or liability sustained or incurred by the tour member as a result of the foregoing causes. Additionally you must meet the entry requirements for each country you visit. Macleay Valley Travel will not be liable if you are denied entry to a country for any reason, including a past criminal history. Macleay Valley Travel reserves the right to decline bookings made for any group tour. Any tour booking confirmation is conditional, contingent on our view of the ability of a person to be able to participate in a tour without the likelihood of conflict between members of a tour whether perceived or actual. Macleay Valley Travel reserves the right to modify the itinerary or the accommodation if circumstances make this necessary, provided that the amended itinerary is of equal value or greater value than that of the original program.

MACLEAY VALLEY TRAVEL - BOOKING FORM

PLEASE PRINT DETAILS CLEARLY IN BLOCK LETTERS AND ALSO

A PHOTOCOPY OF YOUR PASSPORT MUST BE SENT WITH BOOKING FORM

Name of Tour : _____ Departure Date: _____

Passenger 1 (as written in passport) _____

Title: **Mr. Mrs. Ms. Miss. Dr.** _____ Age: _____ Date of Birth: _____

Preferred Name: _____

Passenger 2 (as written in passport) _____

Title: **Mr. Mrs. Ms. Miss. Dr.** _____ Age: _____ Date of Birth: _____

Preferred Name: _____

Postal Address: _____

_____ **PostCode** _____ **Email** _____

Telephone / Fax Number: _____ **Mobile** _____

Passport Number: _____ Expiry Date: _____ Nationality: _____

Passport Number: _____ Expiry Date: _____ Nationality: _____

(Passport must have 6 months validity from the time of tour completion)

Single room / Twin beds / Double bed: (Room type is subject to availability)

Circle which airport you wish to depart from: SYDNEY / MELBOURNE / BRISBANE

Special Dietary Requests – Passenger 1: _____ Passenger 2: _____

Optional Extensions: _____

Any existing medical conditions – Passenger 1: _____ Passenger 2: _____

In case of emergency, please notify :

Name: _____ Relationship: _____

Address: _____

Phone Number: _____

Please return this sheet with your non-refundable deposit of \$200 per person and the health & fitness form.

DECLARATION. I have read and understand fully the booking conditions and I accept them.

Signature: _____ Date: _____

A copy of passport is required to verify spelling of name. If this is not provided and the information we have for the airline is incorrect and ticket is issued, then the airline will charge a reissue fee.

HEALTH & FITNESS QUESTIONNAIRE

Macleay Valley Travel strives to make our tours enjoyable experiences for all passengers, however some countries and tour services lack the standards that you can typically expect in Australia.

To help ensure your personal safety and enjoyment on tour, please answer the following questions. The information you provide will be treated confidentially and will be used to check that the transportation, accommodation and facilities on tour are suitable for you:

1. Do you have any allergies? Yes / No

If yes, please provide details and severity: _____

2. Can you walk 500 metres to 1km in distance comfortably and unaided? Yes / No

3. Can you negotiate uneven, undulating and sometimes challenging terrain? Yes / No

If no, please provide details about these limitations: _____

4. Do you use a mobility aid? Yes / No

If yes, please provide details: _____

5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes / No
If yes, please provide the name of your carer/companion and your relationship to them: _____

6. Are you taking any medical equipment to assist you? Yes / No

If yes, please provide details: _____

7. Do you suffer from any condition which may cause you to experience memory loss or become disoriented? Yes / No

If yes, please provide details: _____

8. Are you asthmatic or do you have other breathing difficulties? Yes / No
If yes, please provide details (travelling to high altitudes is not recommended): _____

9. Do you require supplementary oxygen? Yes / No

10. Are you currently taking medication? Yes / No

If yes, are you able to administer your own medication? Yes / No

11. If you have any other medical information that is not covered in the previous questions, please provide a description here: _____

The information you supply us will be passed onto relevant travel suppliers who will do their best accommodate you. However, it is very important to remember that meeting your needs cannot be guaranteed, especially when travelling to third world countries.

DISCLAIMER

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that all these needs will or can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information I have provided. I also understand that this information may be passed onto those responsible for supplying the land arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. Please note that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

Name: _____

Signature: _____

Date: _____

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If yes, please provide details: _____

5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes / No
If yes, please provide the name of your carer/companion and your relationship to them: _____

6. Are you taking any medical equipment to assist you? Yes / No

If yes, please provide details: _____

7. Do you suffer from any condition which may cause you to experience memory loss or become disoriented? Yes / No

If yes, please provide details: _____

8. Are you asthmatic or do you have other breathing difficulties? Yes / No
If yes, please provide details (travelling to high altitudes is not recommended): _____

9. Do you require supplementary oxygen? Yes / No

10. Are you currently taking medication? Yes / No

If yes, are you able to administer your own medication? Yes / No

11. If you have any other medical information that is not covered in the previous questions, please provide a description here: _____

The information you supply us will be passed onto relevant travel suppliers who will do their best accommodate you. However, it is very important to remember that meeting your needs cannot be guaranteed, especially when travelling to third world countries.

DISCLAIMER

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that all these needs will or can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information I have provided. I also understand that this information may be passed onto those responsible for supplying the land arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. Please note that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

Name: _____

Signature: _____

Date: _____