

# MACLEAY VALLEY TRAVEL PTY. LTD.

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## NORTH KOREA TOUR

15 Day Conducted Tour  
for **\$5,275** per person twin share

**This price includes airport taxes & levies**

This is an incredible opportunity to visit mysterious Communist North Korea. The price includes:

- Return economy class airfares with Singapore Airlines from Sydney, Melbourne and Brisbane to Beijing, China.
- Six days touring north east China, travelling between cities by high speed train.
- A one week tour of North Korea, with five nights in the capital Pyongyang and one night in Nampo City, located on the west coast.
- All transfers and transport, including train travel to & from Dandong to Pyongyang.
- Many meals, with all meals provided in North Korea.
- Good accommodation, mainly 3-4 star, or the best available.
- Prepaid gratuities to the main tour guides and drivers and entrance fees to many attractions.
- Visa fee for entrance into North Korea.
- Services of local tour guides and an experienced Australian Tour Escort who has previously travelled to North Korea.



This tour is not recommended for a novice traveller. It is aimed at experienced travellers wishing to see a seldom visited destination.

This is a special group tour just for Macleay Valley Travel clients with numbers limited to approximately 24 passengers.

If you don't have anyone to share with but wish to travel at twin share rates, we will try and assign you with another person, but this is not guaranteed. For a single room there is an extra cost of \$1190.



**Tour departs Australia on the 14<sup>th</sup> August and returns 28<sup>th</sup> August 2019**

*We try harder to find you the best travel deal*

## **Itinerary for North Korea Tour**

Included meals are indicated as B = Breakfast, L = Lunch, D = Dinner

### **14.08.19 Australia – Singapore – Beijing, China**

Depart Sydney at 7.55am on flight SQ 212, arriving in Singapore at 2.15pm.

Depart Brisbane at 9.10am on flight SQ 256, arriving in Singapore at 3.30pm.

Depart Melbourne at 9.35am on flight SQ 238, arriving in Singapore at 3.25pm.

All passengers then depart Singapore at 4.50pm on flight SQ 806, arriving in Beijing at 11.00pm.

Upon arrival in Beijing we are met and transferred to the hotel for two night stay.

Accommodation: Holiday Inn Temple of Heaven or similar

### **15.08.19 Beijing**

**(B/D)** Today is at leisure for your own exploration of Beijing.

This evening we have an included welcome dinner at the hotel.

Accommodation: Holiday Inn Temple of Heaven or similar

### **16.08.19 Beijing – Dandong, China**

**(B)** This morning we are transferred from the hotel to Beijing South Railway Station for our high speed train journey to Dandong (second class ticket). Travel time is 6½ - 7 hours. Upon arrival in Dandong, we are met by our guide, where we have a 5–10 minute walk to our hotel for an overnight stay.

Dandong, a city in northern China with a population of about 800,000, is conveniently located close to the border of North Korea.

Accommodation: Hilton Garden Inn, Dandong or similar

### **17.08.19 Dandong – Pyongyang, North Korea (D.P.R.K.)**

**(B/D)** This morning we are met by our guide, where we walk a short distance from the hotel to the train station to board the train to Pyongyang, North Korea. We will arrive in Pyongyang approximately 6.30pm this evening. Upon arrival we are transferred to our hotel for a three night stay. Dinner this evening is included.

Accommodation: Koryo Hotel or similar

### **18.08.19 Pyongyang – Kaesong – DMZ - Pyongyang**

**(B/L/D)** In the morning we visit Kumsusan Palace of the Sun, which is the mausoleum for the founder of North Korea, the ‘Great Leader’ President Kim Il Sung, and the ‘Dear Leader’ President Kim Jong Il. The palace was built in 1976 and served as Kim Il Sung’s official residence. Following Kim Il Sung’s death in 1994, Kim Jong-Il had the building renovated and transformed into his fathers mausoleum. Kumsusan is the largest mausoleum dedicated to a Communist leader. The construction is believed to have cost at least one hundred million dollars.

**Please note that formal business attire is required for this visit.**

Following this we visit the Revolutionary Martyrs’ Cemetery, which is the final resting place of many of the Anti-Japanese Revolutionaries. Each grave features a bronze bust of the figure within.

Lunch today is at the Korean Hot Pot Restaurant.

In the afternoon we visit the recently renovated Korean War Museum, where the

local military guide will show us around the enormous museum featuring dioramas, locally used weapons, tanks, aircraft and captured American equipment.

We then visit the USS Pueblo, the only US Naval Ship still held captive by another nation.

Afterwards we have some time at the Foreign Language Bookshop, which has a large selection of books in English and other European languages as well as other souvenirs.

Following this we have a short walk to Kim Il Sung Square, the Central Square of Pyongyang and the place where all the action happens.

Dinner this evening is at KITC Restaurant, famous for its delicious Pyongyang Cold Noodles and Korean Bibimbap.

After dinner we are taken to Kaeson Youth Park, which is an amusement park in Pyongyang. The entry fee for the park is currently 2 Euros and rides cost from 3 – 5 Euros each, depending on how good they are.

Accommodation: Koryo Hotel or similar

### **19.08.19      Pyongyang**

**(B/L/D)**

This morning we visit the Grand Monument on Mansu Hill, which is a complex of monuments in commemorating the history of the revolutionary struggle of the Korean people, and especially their leaders. The central part of the monument consists of two 20 metre tall bronze statues of deceased supreme North Korean leaders Kim Il-sung and Kim Jong-il.

We also have a morning walk along the Taedong River, passing landmarks such as the Pyongyang Culture House and the oldest street in Pyongyang.

We will visit the Grand People's Study House, which is a library and academic centre for adult learners. This grand Korean traditionally styled building is located in the very centre of Pyongyang with fantastic views over Kim Il Sung Square.

We then visit the Mansudae Art Studio where all the art works, portraits, and monuments for the government are produced.

Lunch today is included at a local restaurant.

After lunch we visit the Pyongyang Central Art Gallery to see some of the most famous and historically relevant pieces of Korean art. This is followed by drinks at Taedong #3 Micro Brewery where we can sample three different types of beer, or coffee and soft drinks.

Dinner this evening is at Pottongang Restaurant, followed by walking along the newly constructed Ryomyoung Street with its highest building being 75 storeys tall.

Accommodation: Koryo Hotel or similar

### **20.08.19      Pyongyang – Pyongsong – Nampo City**

**(B/L/D)**

Today we drive to Pyongsong, a nearby satellite city which has recently opened to foreign tourists. We visit Kim Jong Suk Middle School Number 1. Here we can meet English students and we are encouraged to speak and perhaps even teach an impromptu class. We then see the central square of Pyongsong city and the Statue of President Kim Il Sung, before driving back to Pyongyang.

Lunch today is included at Ji Ha Restaurant.

After lunch we drive to the city of Nampa, located on the west coast of the D.P.R.K.

We visit Chollima Steel Complex, which is one of the D.P.R.K.'s most famous industrial sites, named after the Chollima Movement it helped lead.

This evening we enjoy an included dinner and overnight accommodation at the Ryonggang Spa Resort with a private mineral spa bath in each room.

For the adventurous, you may wish to try D.P.R.K.'s famous BBQ clams

(approximate price 5 Euros per person).

Please note tonight's accommodation is basic and quite rugged.

Accommodation: Ryonggang Hot Spring House

**21.08.19 Nampo – Pyongyang**

**(B/L/D)**

This morning we visit the West Sea Barrage. An astounding example of socialist construction, the barrage was built to keep the salty water of the West Sea from rendering parts of the Taedong River and surrounding farmland useless, as well as to tame the local sea. Next we visit the Chongsan Co-operative Farm, which is one of the most successful co-operative farms in the D.P.R.K. and a great place to learn about co-operative farming. On our way back to Pyongyang we have an included BBQ picnic lunch at Mt Ryangak, also known as Dragon Mountain. This is the highest mountain near Pyongyang and we have a gentle hike to the top before continuing back to Pyongyang.

Upon our arrival in Pyongyang we visit the Korean Film Studio, where we'll have a chance to dress up in costume and check out the backdrops of fake locations such as Seoul, China, Japan and some European countries.

This evening enjoy an included dinner on Reunification Street with a roof top view.

Accommodation: Koryo Hotel or similar

**22.08.19 Pyongyang**

**(B/L/D)**

This morning we rise early for our drive south to Kaesong and the Demilitarised Zone (DMZ). Travel time is approximately two hours.

Koryo Museum was considered to be Korea's first university and is now a museum of history and culture. It is also home of the best stamp and propaganda poster shop in the D.P.R.K.

Next we visit the Demilitarised Zone to see a unique blend of one of the tensest places on earth complete with a friendly Korean People's Army (KPA) officer who will give us a guided tour and also keep us totally safe. This is the only place in North Korea where we can take photographs of and with a soldier.

We have an included lunch at the Thongil Restaurant in Kaesong and try our hand at traditional Korean Pasangi, a series of dishes served in bronze bowls.

After lunch we drop by the city of Sariwon, capital of North Hwanghae province, to walk in the local folk custom park and view the city from the mountain pagoda.

Following this we try some locally-brewed Makkoli in the local tea house.

On our return to Pyongyang we have a photo stop at the Monument to the Three Charters of National Reunification that stands over the Thongil Highway. The monument consists of two Korean women in traditional dress, symbolizing the North and the South, leaning forward to jointly uphold a sphere bearing a map of a re-unified Korea.

Dinner this evening is at the famous Duck BBQ Restaurant.

After dinner, we have an opportunity to sit by the river and watch the light show of the Ryugyong Hotel.

Accommodation: Koryo Hotel or similar

**23.08.19 Pyongyang**

**(B/L/D)**

This morning we visit the Metro for a tour of both train lines. This is followed by a visit to the Metro Museum to learn about the construction of the Metro, as well as see the fantastic panoramic artwork of the construction in progress, and see examples of carriages and equipment used.

We have an included lunch at Moran Hill Fried Chicken Restaurant, followed by some light walking on Moran Hill Park. Next we visit the Kwangbok department store where we will be able to shop with the locals and use local D.P.R.K. Won currency.

Following this we stop at Juche Tower, with an included elevator ride to the viewing platform for panoramic views over Pyongyang. The tower was built to commemorate Kim Il-Sung's 70<sup>th</sup> birthday. The torch on top of the tower is always lit and the viewing platform is just below the torch. Next we stop to view the Party Foundation Monument, which is 50 metres high. The hammer, sickle and calligraphy brush on the monument symbolises the workers, farmers and intellectuals. Two red flag-shaped buildings with letters forming the words 'Ever-Victorious' surround the monument. Dinner this evening is included in Pyongyang.

Accommodation: Koryo Hotel or similar

**24.08.19 Pyongyang – Dandong – Shenyang, China**

**(B)** We say goodbye to our Korean guides in Pyongyang and depart by train at 10:25am and arrive in the town of Sinuiju about 2.30pm. We proceed through Customs and arrive in Dandong, China at approximately 5pm (China time).

We then take the evening bullet train to Shenyang (second class seat), arriving about 8.30pm.

Upon arrival at Shenyang train station, we are met and transferred to the hotel for a two night stay.

Accommodation: Sofitel Shenyang Lido or similar

**25.08.19 Shenyang**

**(B/L)** Today we have a guided tour of Shenyang. We will visit the Imperial Palace (Shenyang Forbidden City), former residence of Marshall Zhang Xueliang, Qingzhao Mausoleum and Qing Dynasty Street. Lunch today is included.

Accommodation: Sofitel Shenyang Lido or similar

**26.08.19 Shenyang - Beijing**

**(B/D)** This morning we are transferred to the train station for the high speed train to Beijing (first class seat). Upon arrival at Beijing Railway Station we are met by our guide, where we then commence a short 5 – 10 minute walk to our nearby hotel.

This evening we enjoy a farewell Beijing Roast Duck dinner at Hua's Restaurant.

Accommodation: Pudi Hotel or similar

**27.08.19 Beijing - Singapore**

**(B)** This morning is at leisure. In the early afternoon we are transferred to the airport for our flight to Singapore. Depart Beijing at 4.35pm on flight SQ 807, arriving in Singapore at 11.00pm.

**28.08.19 Singapore – Australia**

Melbourne passengers depart Singapore at 00.25am on flight SQ 237, arriving in Melbourne at 9.50am.

Sydney passengers depart Singapore at 00.45am on flight SQ 231, arriving in Sydney at 10.25am.

Brisbane passengers depart Singapore at 00.45am on flight SQ 255, arriving in Brisbane at 10.35am.

## **THINGS TO CONSIDER BEFORE BOOKING ON THIS TOUR**

North Korea is a unique travel destination, and it is important to remember that the itinerary can easily change, due to unexpected closures etc. The program within North Korea has been designed to be very comprehensive, as you can't travel to North Korea unless you are in a guided tour group. We have made the touring component in China easier so you can have a chance to relax from the busy touring schedule in North Korea. Tourism in North Korea is very restricted and you can't wander around freely like in other nations. At all times, you must be guided in a group, or stay in your hotel. Visiting North Korea is not a holiday, but a fascinating and unique experience. There are generally only about 4,000 to 6,000 Western visitors who travel to North Korea each year. You must at all times be respectful of their ways and be considerate of the environment you are in.

During your travels within North Korea it is expected that you do not show any disrespect for the political ideology and their leaders. This is the most important law to follow to avoid any potential issues. Under no circumstances should you insult their leaders in public, damage any images of their leaders or any political slogans or imagery. The laws in place protect the image of their leaders and ideology. It is important to have an open mind when visiting the country. You will most likely have differing opinions, but we strongly recommend you refrain from having a debate with the guides.

The Australian government currently rates North Korea as 'Reconsider your need to travel.' The country often receives adverse media attention. If this is a major concern to you then it is recommended that you do not book on this tour. Macleay Valley Travel intends to run this tour, however if the Australian Department of Foreign Affairs states 'Do Not Travel' to a particular destination on this tour prior to its commencement, then an alternative program will be arranged. If Macleay Valley Travel decides to cancel the tour our passengers will be provided a full refund of the basic tour price.

While in North Korea, you will be unable to use your mobile phone or access the internet. International phone calls can be very expensive from the hotels. GPS and satellite devices are not permitted.

Digital cameras are allowed to be taken into the DPRK, but professional video cameras are not. For SLR cameras, lenses should be less than 250mm. Lenses exceeding this amount could be retained at customs. Please make sure there is no GPS printed on your camera. Photos and videos of any military personnel, military vehicles, military instalments, check points, or any sort of construction within the DPRK are strictly prohibited. The DMZ is an exception to this, where you are able to take photos with the soldiers. Your Korean guides will advise on what can be photographed. If in doubt, please seek approval first from your Korean guide. It is crucial to follow their requests. A signed agreement is required by our ground operator from each passenger concerning the publications of images and videos etc.

Japanese, South Korean or U.S. citizens and journalists of any nation are not permitted to enter North Korea. This also applies to dual passport holders of any of these countries.

Aside from the local guides, the North Korean people speak little or no English. We recommend you bring a torch as areas outside Pyongyang are privy to frequent power cuts.

As long as you follow the above simple rules and the guidelines explained by your guides, you will experience no problems. Travelling in North Korea is a safe and very rewarding experience. Incidents are extremely rare, and to date, have all been intentional (not accidental).

## Tour Difficulty Ratings & Advice

To ensure that you select the right tour for you, Macleay Valley Travel has provided a clear set of tour difficulty and fitness recommendations for our tours. The ratings, from 1, being the easiest, to 5 the most strenuous, will give you a good idea of what is reasonably required for you to be able to participate on each tour. Most tours require a moderate to good level of fitness, however there are others that are quite challenging. For your enjoyment of the tour, and also the enjoyment of your fellow travellers, please consider whether or not the suggested difficulty level for the tour you are interested in is compatible with your health and fitness.

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### Tour Difficulty Level 4

This tour rating typically involves an above average level of physical activity, such as ascending stairs, getting into a bathtub shower, being responsible for your own luggage at airports and hotels, boarding trains quickly with your luggage, walking distances of up to 2 kilometres at a time over possible uneven ground and/or cobblestone streets and on occasions being capable of doing this with your own luggage. Walking tours of considerable distances should be expected on tours with this rating as well as early departures. The roads in North Korea are uneven which usually results in bumpy journeys. This could be uncomfortable for anyone with back pain. Unfortunately this tour rating is not recommended for individuals who cannot walk unaided.



## Conditions for Macleay Valley Travel's North Korea Tour

**Deposits and Payments:** A non-refundable deposit of \$800 per person is payable within 7 days of booking. This deposit is not refundable should you later cancel. The balance is payable 10 weeks prior to departure. Macleay Valley Travel often has to adhere to strict payment deadlines and your booking on the tour may be cancelled if final payment is not received by the due date, with no refund applicable.

**Refunds and Cancellations:** Cancellations after final payment will result in a refund limited to whatever we can recoup from the airline.

**Airline Tickets** - Please note that any changes made to airline tickets once they have been issued will likely incur high cancellation and/or reissue fees. These fees are typically set by the airline and are outside of our control.

**Insurance:** Adequate travel insurance is essential and we require a certificate of your insurance before departing on the tour.

AXA, Bupa or Allianz travel insurance should offer coverage for North Korea.

**Passports:** All travellers require a current passport with at least 6 months left on it at the end of the tour. A double entry visa is required for China. The Chinese Visa Application Service Centre (CVASC) charge Australian passport holders \$161.50 and we charge \$30 for processing. Different visa fees apply to non Australian passport holders. Please note that visas prices are set by the Chinese Consulate and are subject to change. A visa is also required for North Korea. Japanese, South Korean or U.S. citizens and journalists of any nation are not permitted to enter North Korea. This also applies to dual passport holders of any of these countries. The cost of the North Korean visa is included in the tour price.

**Basic Tour Price and Taxes:** Air taxes and fuel levies are included in the basic tour price if the tour is paid in full on or before the due date on the final invoice. Macleay Valley Travel reserves the right to charge for any increase in air taxes and fuel levies if the tour is not paid in full by the due date.

**Not Included in the Cost:** All items of a personal nature such as telephone calls, drinks, excess baggage, tips, meals, (except those specified in the itinerary), etc. Also travel insurance. Similarly, credit card payments (Visa / MasterCard) can only be accepted if 1% is added to the price to help defray the heavy merchant fees charged to us by the credit card companies. There is a 2% surcharge for American Express.

**Breakaway Fee** - All fully inclusive prices are based on group travel and any deviation from the set itinerary will incur a breakaway fee. The breakaway fee for most deviations on this tour is \$55 per person. Please inquire with our office for prices.

**Accreditation** - Macleay Valley Travel is a fully accredited travel agency under the AFTA (Australian Federation of Travel Agents) ATAS - AFTA Travel Accreditation Scheme. As such, you are assured of a consumer focused and quality assured business, ensuring professional conduct and ethical business practices. We are happy for any prospective traveller with us to check us out with your local Consumer Affairs (Fair Trading) department.

**Twin Share Bookings** - If you do not have a travel partner, but wish to travel at twin share rates, we will try and assign you with another traveller but this is not guaranteed. We assign passengers by their gender, on a first come, first served basis and do not assign twin share passengers according to their age, profession, interests etc. There are risks with sharing a room with a person you do not know, and Macleay Valley Travel accepts no responsibility if you are incompatible with your assigned room mate. Additionally, if you are assigned a travelling companion to share with and they cancel off the tour prior to making the final payment, then you will either be required to pay the single room supplement or we will try our best to assign you with another twin share passenger, if one is available.

**Health and Fitness** - Macleay Valley Travel recommends that the passenger is reasonably healthy and/or fit to participate in this tour. Persons with a disability requiring special assistance must be accompanied by a companion. Macleay Valley Travel and their representatives cannot provide this service. The Health & Fitness Questionnaire located on the last page of this itinerary needs to be completed in full by each passenger and accompany your booking form. Macleay Valley Travel reserves the right to accept/decline or terminate a passenger's participation in the tour under certain circumstances. Macleay Valley Travel is not permitted to provide medical advice as to vaccinations/injections which you may require for this tour and advise you to consult your medical practitioner for specific medical advice. There are no compulsory injections required for this tour.

**Limitation of Liability** - As Macleay Valley Travel acts only as agent for the Airlines, Hotels, Coach Companies etc., providing accommodation, transportation and other services, Macleay Valley Travel shall not be liable or responsible for death or injury to any person or loss or damage to any property including baggage arising out of or connection with any transportation, accommodation or other services, or resulting directly or indirectly from acts of God, fire, breakdown in machinery or equipment, acts of Government or other authorities, de jure or defacto wars, whether declared or not, hostilities, civil disturbances, strikes, riots, thefts, epidemics, quarantines, medical or customs regulations, delays or cancellations caused by changes in schedules or itinerary, or over bookings or defaults or for any causes beyond Macleay Valley Travel's control or any loss or damage resulting from improper or insufficient passports, visas or other documents and neither Macleay Valley Travel, and its servants or employees shall be or become liable or responsible for any additional expenses or liability sustained or incurred by the tour member as a result of the foregoing causes. Additionally you must meet the entry requirements for each country you visit. Macleay Valley Travel will not be liable if you are denied entry to a country for any reason, including a past criminal history. Macleay Valley Travel reserves the right to decline bookings made for any group tour. Any tour booking confirmation is conditional, contingent on our view of the ability of a person to be able to participate in a tour without the likelihood of conflict between members of a tour whether perceived or actual.

Macleay Valley Travel reserves the right to modify the itinerary or the accommodation if circumstances make this necessary, provided that the amended itinerary is of equal value or greater value than that of the original program.

The DPRK has its own laws and social customs, and these must be followed by visitors. The passenger should be sensitive and respectful to such differences to avoid any repercussions. Not abiding by these laws and customs may result in confiscation of equipment, refusal of entry to the country or tour sites, termination of the tour and/or involvement in law enforcement officials including possible detainment. Macleay Valley Travel, their operators and representatives will not be liable in any way for any negative consequences that may arise by the passenger contravening laws and social customs.



**MACLEAY VALLEY TRAVEL - BOOKING FORM**

**PLEASE PRINT DETAILS CLEARLY IN BLOCK LETTERS AND ALSO**

**A PHOTOCOPY OF YOUR PASSPORT MUST BE SENT WITH BOOKING FORM**

Name of Tour : \_\_\_\_\_ Departure Date: \_\_\_\_\_

**Passenger 1** (as written in passport) \_\_\_\_\_

Title: **Mr. Mrs. Ms. Miss. Dr.** \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Passenger 2** (as written in passport) \_\_\_\_\_

Title: **Mr. Mrs. Ms. Miss. Dr.** \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Postal Address:** \_\_\_\_\_

\_\_\_\_\_ **PostCode** \_\_\_\_\_ **Email** \_\_\_\_\_

**Telephone / Fax Number:** \_\_\_\_\_ **Mobile** \_\_\_\_\_

Passport Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Passport Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Passport Nationality: \_\_\_\_\_ Preferred Name: \_\_\_\_\_

Passport Nationality \_\_\_\_\_ Preferred Name: \_\_\_\_\_

(Passport must have 6 months validity from the time of tour completion)

**Single room / Twin beds / Double bed:** (Room type is subject to availability)

Circle which airport you wish to depart from: SYDNEY / MELBOURNE / BRISBANE

Special Dietary Needs – Passenger 1: \_\_\_\_\_ Passenger 2: \_\_\_\_\_

Optional Extensions: \_\_\_\_\_

Would you like to receive details of our travel insurance?: YES / NO (Please Circle)

Any existing medical conditions – Passenger 1: \_\_\_\_\_ Passenger 2: \_\_\_\_\_

In case of emergency, please notify :

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Please return this sheet with your non-refundable deposit of \$800 per person and the health & fitness form.

**DECLARATION. I have read and understand fully the booking conditions and I accept them.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**A copy of passport is required to verify spelling of name; If this is not provided and the information we have for the airline is incorrect and ticket is issued, then the airline will charge a reissue fee.**

**HEALTH & FITNESS QUESTIONNAIRE**

Macleay Valley Travel strives to make our tours enjoyable experiences for all passengers, however some countries and tour services lack the standards that you can typically expect in Australia.

To help ensure your personal safety and enjoyment on tour, please answer the following questions. The information you provide will be treated confidentially and will be used to check that the transportation, accommodation and facilities on tour are suitable for you:

1. Do you have any allergies? Yes / No  
If yes, please provide details and severity: \_\_\_\_\_
2. Can you walk 500 metres to 1km in distance comfortably and unaided? Yes / No
3. Can you negotiate uneven, undulating and sometimes challenging terrain? Yes / No  
If no, please provide details about these limitations: \_\_\_\_\_
4. Do you use a mobility aid? Yes / No  
If yes, please provide details: \_\_\_\_\_
5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes / No  
If yes, please provide the name of your carer/companion and your relationship to them: \_\_\_\_\_
6. Are you taking any medical equipment to assist you? Yes / No  
If yes, please provide details: \_\_\_\_\_
7. Do you suffer from any condition which may cause you to experience memory loss or become disoriented? Yes / No  
If yes, please provide details: \_\_\_\_\_
8. Are you asthmatic or do you have other breathing difficulties? Yes / No  
If yes, please provide details (travelling to high altitudes is not recommended): \_\_\_\_\_
9. Do you require supplementary oxygen? Yes / No
10. Are you currently taking medication? Yes / No  
If yes, are you able to administer your own medication? Yes / No
11. If you have any other medical information that is not covered in the previous questions, please provide a description here: \_\_\_\_\_

The information you supply us will be passed onto relevant travel suppliers who will do their best accommodate you. However, it is very important to remember that meeting your needs cannot be guaranteed, especially when travelling to third world countries.

**DISCLAIMER**

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that all these needs will or can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information I have provided. I also understand that this information may be passed onto those responsible for supplying the land arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. Please note that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

Name: \_\_\_\_\_  
Signature: \_\_\_\_\_  
Date: \_\_\_\_\_

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2. Can you walk 500 metres to 1km in distance comfortably and unaided? Yes / No
3. Can you negotiate uneven, undulating and sometimes challenging terrain? Yes / No  
If no, please provide details about these limitations: \_\_\_\_\_
4. Do you use a mobility aid? Yes / No  
If yes, please provide details: \_\_\_\_\_
5. Are you travelling with a companion or carer who is able to provide all the assistance you need to enter buildings, disembark and embark ships, aircraft, coaches, small boats and assist you on excursions? Yes / No  
If yes, please provide the name of your carer/companion and your relationship to them: \_\_\_\_\_
6. Are you taking any medical equipment to assist you? Yes / No  
If yes, please provide details: \_\_\_\_\_
7. Do you suffer from any condition which may cause you to experience memory loss or become disoriented? Yes / No  
If yes, please provide details: \_\_\_\_\_
8. Are you asthmatic or do you have other breathing difficulties? Yes / No  
If yes, please provide details (travelling to high altitudes is not recommended): \_\_\_\_\_
9. Do you require supplementary oxygen? Yes / No
10. Are you currently taking medication? Yes / No  
If yes, are you able to administer your own medication? Yes / No
11. If you have any other medical information that is not covered in the previous questions, please provide a description here: \_\_\_\_\_

The information you supply us will be passed onto relevant travel suppliers who will do their best accommodate you. However, it is very important to remember that meeting your needs cannot be guaranteed, especially when travelling to third world countries.

**DISCLAIMER**

I confirm that the information provided on this questionnaire is both true and correct and I understand that there is no guarantee that all these needs will or can be met. I agree that Macleay Valley Travel may offer a recommendation with regard to fitness to travel, based on the information I have provided. I also understand that this information may be passed onto those responsible for supplying the land arrangements for my travel, and that my information will not be communicated to any party which is not directly responsible or otherwise associated with my travel arrangements. I further confirm and agree that should I choose not to disclose information which subsequently requires me to return or be returned home from a tour or cruise, Macleay Valley Travel is not responsible for any costs associated with cancellation penalties, airfares, land transportation or any other related hardship. Please note that a refund for lost touring cannot be claimed. I acknowledge that it is my responsibility to update the information I provided to Macleay Valley Travel immediately should my circumstances change.

Name: \_\_\_\_\_  
Signature: \_\_\_\_\_  
Date: \_\_\_\_\_